

# MARY HANSEN, R.R.P., C.V.P., C.C.R.C.

## *Moving Towards Wellness Ltd.*

*P.O. Box 1055, Clinton, Ontario N0M 1L0*

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*www.movingtowardswellness.ca*

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## SUMMARY OF QUALIFICATIONS

- **Over 27 years of professional experience:**
  - ▶ **22 years** in the area of Catastrophic Case Management, Rehabilitation, Vocational and Return to Work Consulting, Discharge Planning and Medical Rehabilitation File Management
  - ▶ **10 years** in Life Care Planning
  - ▶ **5 years** in the area of Hospital Clinical Rehabilitation
- ▶ **C.C.R.C.: Canadian Certified Rehabilitation Consultant: certification #0048178;** since 2002
- ▶ **R.R.P.: Registered Rehabilitation Professional: certification #3089;** since 1997
- ▶ **C.V.R.P.: Certified Vocational Professional: certification #624;** since 2011

Over 20 years as a member in good standing with the **Vocational Rehabilitation Association (V.R.A.) of Canada, Canadian Association of Vocational Evaluation and Work Adjustment (C.A.V.E.W.A.), the Association of Canadian Ergonomists (A.C.E.), and 5 years a member of the International Association of Rehabilitation Professionals (I.A.R.P.) and 2 years a member National Case Management Network (N.C.M.N.)**

- Diversity of knowledge in areas of Spinal Cord, Acquired Brain Injury, Complex Orthopaedic and Soft Tissue Injury with respect to all points of Catastrophic and Personal Injury Rehabilitation Case File Management; Return to Work and Vocational Evaluation and Consulting
- Experienced Life Care Planner (Future Care Cost Analysis) in both development and critiquing of LCP.
- Extensive knowledge in Workplace and Industrial Ergonomics, Jobsite Assessments, and Physical Demands Analysis
- Well-developed Resource Management Skills in Rural and Interurban Settings, as well as understanding of Community, Provincial and Federal Resources, Programs and Legislation
- Developed business management skills for running a successful business in Medical Rehabilitation Management, since 1993
- Excellent written and verbal communication skills
- Strong Clinical and Administrative Skills
- Ability to work well independently or with a multidisciplinary team

## EDUCATION

- Canadian Institute for Life Care Planning Certification Process** **2007-2008**  
 Carleton University, Sprott Institute of Business  
 Courses completed :
- Introduction to Life care Planning
  - Canadian Consideration for LCP
  - The Vocational plan and integration into LCP
  - LCP Examining the process
- Rehabilitation Management Certificate Courses** **2002-2003**
- Seneca College, Toronto, Ontario
  - Vocational Rehab I and II; Interviewing and Counselling; Human Growth/ Development; Community Resources; Disability/Rehab Management, Return to Work Strategies; Vocational Assessment Tools and Interpretation
- Business Administration Certificate (Six Credit Courses)** **1987 – 1988**
- University of Windsor, Windsor, Ontario
- Bachelor of Human Kinetics; 4 year Honours Kinesiology Degree** **1987**
- University of Windsor, Windsor, Ontario

## PROFESSIONAL WORK EXPERIENCE

- Moving Towards Wellness Ltd. (Licensed under FSCO 2014)*** **1993 - Present**  
**Rehabilitation, Vocational and Return to Work Consulting Services**  
 Clinton, Ontario (Incorporated in 2002)
- Director/Senior Consultant***
- Director/Senior Consultant of this Independent Consulting Firm in Midwestern Ontario providing Catastrophic, Rehabilitation, Vocational, Return to Work, Case File Management for Auto Sector (SABS), Personal Injury Lawyers, Extended Health Services, WSIB, Industry, and Provincial and Federal Programs
  - Experienced in medical/rehabilitation file and claim reviews
  - Initiate discharge planning to the community from large hospitals including Parkwood, Toronto Rehabilitation Hospitals
  - Life Care Planning – Provide Life Care Plans (Future Care Cost Analysis) for Insurer and Legal Industries
  - Experience in developing and organizing under the Substitutes Decision Making Act 1992 for the Office of the Public Guardian and Trust; Management Plan
  - Conduct Ergonomic and other Return to Work Assessments
  - Provide Vocational Consulting as it relates to Career Decision Making, Vocational Assessments, Training, and Job-Seeking Skills and provide Supportive Counseling
  - Provide Education and Training Programs on Prevention and OH&S Issues and Early Intervention
  - Manage and coordinate all aspects of a small business including Administrative Staff and Associates

## **ASSOCIATED PRIVATE PRACTICE EMPLOYMENT HISTORY (CONTRACT OR PROJECT MANAGEMENT)**

### ***Sifto Canada Inc.***

**2000 - 2008**

#### ***Mine and Evaporator Plant***

#### **Disability Specialist/Project Consultant**

Goderich, Ontario

#### ***Disability Specialist***

- Provide Case Management and Return to Work strategies on behalf of the Employer under the Early Intervention Program for clients within the WSIB or Sickness and Accident Insurance Claim
- Provide direction and medical file review towards managing Disability Claims, the Early Intervention/ Employment Assistance Program and design of Policy and Procedures
- Provide Ergonomic and Physical Demands Analysis as part of the Prevention Program
- Implement training and education programs for staff and management
- Liaison with Union, Employer and other Health Care Practitioners involved with the management of any Disability Case File

### ***Avon Maitland District School Board***

**2001 - 2006**

#### **The Centre for Employment and Learning**

Huron County

#### ***Vocational Specialist***

- Provide Counselling to Huron County residents developing Return to Work Action Plans; including Career Decision Making, Skill Enhancement, Job Seeking Skills and Employment Maintenance
- Administer and interpret career development instruments including Vocational Assessments, Transferrable Skills Analysis (JVIS, Work Start, KEVAS, RAVE, Profiles, COPS, BESSI)
- Provide facilitation at Group Employment Counselling Workshops with a comprehensive knowledge of Local and Provincial Labour markets
- Assist in providing Network Services as it relates to individuals with Disabilities or Chronic Impairments who may require a change in Vocational consideration

### ***Other Industrial Project Management***

#### **Disability Specialist/Project Consultant**

Westcast Industries – Wingham, ON; General Coach – Hensall, ON; United Plastic Components Ltd. – Exeter, ON  
Ministry of Correctional Services - Bluewater Youth Centre – Goderich, ON

## **GENERAL PROFESSIONAL EMPLOYMENT HISTORY**

### ***Wingham & District Hospital***

**1992 - 1994**

#### **Rehabilitation Department**

Wingham, Ontario

#### ***Senior Kinesiologist***

- Provide Assessment, Treatment and on-going monitoring of General Case Files as it relates to Physical and Functional Capacity and Life Style Factors for Spinal Cord, Acquired Head Injuries, Complex Orthopaedic and Soft Tissue Injuries
- Contribute as a Team Member to develop Treatment, Return to Work Plans and Service Coordination for individual patients with a multi-disciplinary approach
- Liaison with all parties involved in the treatment parameters, including patients, family, physicians and other health care professionals in both verbal and written fashion
- Provide consultation in regards to Discharge Planning on Rehabilitation Case Files

- Assess and treat a variety of other clinical and functional aspects in a Physiotherapy Department setting

***Clinton Public Hospital*****1989 - 1992****Physiotherapy Department**

Clinton, Ontario

***Clinical Kinesiologist***

- Manage a full case load of a variety of Clinical Out/In-Patients
- Manage all case files and participated in Discharge Planning where possible
- Other duties similar to Wingham & District Hospital

***Hugh MacMillan Medical Centre*****1988 - 1989****Rehabilitation Department**

Toronto, Ontario

***Rehabilitation Therapy*** (Permanent Part-time)

- Assess client's Physical and Functional Abilities as it relates to In-Patient and Out-Patient Program Planning. Patients included Acquired Brain Injuries, Spinal Cord and Chronic Illnesses
- Coordinated physical and social activities for youths, 10 to 16 years of age, with traumatic injuries (Spinal Cord, ABI, or Chronic Physical Disabilities)
- Participated in facilitating community re-integration in preparation for discharge
- Liaisoned with other health professionals as a member of the Rehabilitation Team, both within a facility and community-based

***Waterloo Board of Education*****1987 - 1988****Special Needs Case Manager/Therapist**

Kitchener-Waterloo, Ontario

- Attend to schools in the Kitchener-Waterloo and Guelph Regions in order to assess a client's Physical and Functional Abilities to provide appropriate Case Management and Therapeutic Intervention
- Participate in research and data collection of medical information for a Research Project for Special Needs Youth
- Facilitate School and Community Integration for children who have experience traumatic injury or chronic physical disabilities
- Liaison with other Health Professionals as a member of a Rehabilitation Team, both within the facility and community-based, both written and verbal form

## **CONTINUING EDUCATION & SPECIALIZED TRAINING (CONFERENCES, WORKSHOPS, SEMINARS)**

Acquired Brain Injury Provincial Conference – Niagara Falls, ON	2015
IARP Forensic Conference – New Orleans, LA	2015
CRC/CCRC – Navigating Cultural Change Through Ethically Competent Practice: Personal Values and Professional Obligations in the Rehabilitation Counseling Relationship - Webinar	2015
DMARehability - Life Care Planning Symposium - London	2015
VRA Canada Fall Conference & Annual General Meeting – Toronto	2014

Smitiuch Injury Law, Accident Benefits: Practical Issues for Health Care Professionals – Brantford	2014
MRI Brain Injury Diagnostics – What’s New & What You Need to Know – London	2014
Ontario Brain Injury Association and Brain Injury Association of London and Region – MRI and Brain Injury Workshop – London	2014
Rehabilitation & Life Care Planning Symposium – DMARehability – London	2014
Ontario Rehabilitation Alliance Workshop – Thinking Outside the MIG and SABS Update	2014
Ontario Rehabilitation Alliance Workshop – Service Provider Licensing - London	
Hospital to Home: The Continuum of Care after SCI – Oatley Vigmond, McLeish Orlando, Sunnybrook Health Sciences Centre, Spinal Cord Injury Ontario and University Health Network – Toronto	2014
2013 Provincial ABI Conference, Inspiring Hope, Enhancing Lives After Brain Injury – Ontario Brain Injury Association – Niagara Falls	2013
Hospital to Home: Working Collaboratively – Thomson Rogers & Toronto ABI Network	2013
VRA Canada “Vocational Testing in Rehabilitation” (2 days) - CAVEWAS	2013
Rehabilitation & Life Care Planning Symposium (2 days), London – OBIA, SCI Ontario, Thomson Rogers	2013
International Association of Rehabilitation Professionals 2012 International Conference – San Juan, Puerto Rico	2012
Accident Benefits: Practical Issues for Health Care Professionals – Smitiuch Injury Law Annual Conference	2012
“Help Me Help You...Effective Communications with Insurers and Lawyers” - BIA of London and Region	2012
Canadian Life Care Planning: Review of Legal Principles	2012
Life Care Planning Canadian Summit, Toronto	2011
Mastery Series: Life Care Planning – Roy Matheson and Associates Inc.	2011

**Note:** Attendance to several other seminars/ course hosted by the IARP, VRA, CME, CAVEWA Complete list available upon request.

## **PROFESSIONAL VOLUNTEER INVOLVEMENT**

Huron County Brain Injury Support Group	2012 - 2015
Chairperson and Committee Member, Clinton Public Hospital Gala	June 2010-2013
Brain Injury Association of London & Region	2010-2014
Chairperson Student Advisory Counsel, St. Anne's Secondary School	2009-2014
Director , Clinton Public Hospital Foundation	2008 - 2011

## **CURRENT PROFESSIONAL AFFILIATIONS (MEMBER IN GOOD STANDING)**

Ontario Brain Injury Association (OBIA)  
Brain Injury Associations of London and Region (BIALR)  
National Case Management Network (N.C.M.N.)

*Full Errors and Omission Insurance Coverage*